

MT. DIABLO UNITARIAN UNIVERSALIST CHURCH

Sunday, November 20, 2022

“Wholly Ourselves”

SUNDAY PROGRAM - WELCOME!

GATHERING SONG #1040, “Hush”

*Most familiar to European-American audiences as a classically-styled choral Spiritual, Hush expresses the deep call to freedom for enslaved Africans that these songs expressed, and how our singing – no matter how we identify – must carry that knowledge explicitly, recognizing that our own prayer must affirm theirs.*

PRELUDE Sinfonia in g minor, BWV 797 (Johann Sebastian Bach)

Brett Carson, piano

WELCOME

Rev. Leslie Takahashi  
Ron Ahnen, Board Member

GREETING ONE ANOTHER

INVOCATION *Spirit of Life, come unto us. / Sing in our hearts all the stirrings of compassion.*

*Blow in the wind, rise in the sea; / move in the hand, giving life the shape of justice.*

*Roots hold us close; wings set us free; / Spirit of Life, come to us, come to us. —Carolyn McDade*

SHARE THE PLATE

Suzanne Llewellyn

Rev. Deborah Lee with the Interfaith Movement of Human Integrity

LIGHTING OF THE CHALICE

Patricia Craven

*Each week we light a chalice, which has become a symbol for Unitarian Universalists and our engagement in the world.*

TIME FOR ALL AGES

“You Being You, Me Being Me”

Puppets & Friends

SINGING THE CHILDREN TO CLASS

*As you leave this friendly place, love give life to ev'ry face,  
may the kindness that you learn light your hearts 'till you return.*

CALL TO WORSHIP

Peter Morse, Worship Associate

HYMN #1007, “There’s a River Flowin’ in My Soul” (Rose Sanders)

*Gospel musician and Cincinnati U.U. choir director Kenny Smith arranged this hymn by Rose Sanders, a contemporary advocate for abused children and the first African American female judge in Alabama.*

JOYS AND SORROWS

MUSIC MEDITATION “Standing Stone” (Melanie DeMore)

*Melanie DeMore is a vocal activist based in Oakland, CA.*

RITUAL OF REMEMBRANCE

Rev. Leslie Takahashi & Rev. Rodney Lemery

MUSICAL OFFERING “The Road Home” (Stephen Paulus)

Chalice Choir

CALL FOR THE OFFERING

Mark Watanabe, Board Member

OFFERTORY "Dream" (John Cage)

Brett Carson, piano

*Each week during the Offertory we light two pillar candles to acknowledge that we are living in a nation at war. The candles represent our wishes for all whose lives are endangered by the conflict, and our hopes for peace. While the offering is received you are invited to come forward and select a stone to place in the column of water representing our community life, sharing it as a sign of remembrance and hope. Feel free to watch and hold your intention as your stone settles into the water's embrace.*

DEDICATION OF THE OFFERING

*“To the work of this community, in transforming ourselves and our world, we dedicate ourselves and our offerings.”*

MESSAGE “Wholly Ourselves”

Rev. Leslie Takahashi

CLOSING SONG “Who You Are” (Words: Lindy Thompson; Music: Mark A. Miller)

*Lindy Thompson is a poet and lyricist whose work seeks to shine fresh light on the sacred truth that all people are beloved children of God. She has written lyrics for composer Mark Miller for many choral anthems and congregational songs*

BENEDICTION AND EXTINGUISHING THE CHALICE

Michael Macias

POSTLUDE "Bright Size Life" (Pat Metheny)

House Band

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**NEXT SUNDAY: November 27, The Harvest of Our Lives:** We plant the seeds of intention which sometimes bear fruit and which sometimes do not. How do we celebrate the accomplishments which we reap and how is appreciation of this harvest a part of our growth? Join Rev. Leslie Takahashi and special guest Steve Falk for this service which includes our annual bread and cider communion. If you have a photo of something from your harvest, send it to [photos@mduuc.org](mailto:photos@mduuc.org) by Wednesday, November 23.

Please join us for our virtual coffee hour at after the service at: <https://zoom.us/j/811493869> or dial in 669 900 9128 then enter Meeting ID: 811 493 869 #

Thanks to our AV Tech staff: Liam Takahashi, and Hector Tanabe

Please remember that we are trying to keep staff safe by using virtual giving. If you can, please consider using on-line donations or text to give:

To Give or Pledge go to: <https://www.mduuc.org/give/>

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## House Band

Brynne Fay, vocal  
Mark Tuning, vocal & keyboard

Brett Carson, piano  
Bill Wentz, bass  
Bill Younger, drums

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### Song Lyrics

#### #1040 Hush

Hush, hush, somebody's callin' my name.  
Hush, hush, somebody's callin' my name.  
Hush, hush, somebody's callin' my name.  
Oh my Lord, oh my Lord, what shall I do?  
What shall I do?

Sounds like freedom,  
somebody's callin' my name. ...

Sounds like justice,  
somebody's callin' my name. ...

#### #1007, There's a River Flowin' in My Soul

There's a river flowin' in my soul.  
There's a river flowin' in my soul.  
And it's tellin' me that I'm somebody.  
There's a river flowin' in my soul.

There's a river flowin' in my heart.  
There's a river flowin' in my heart.  
And it's tellin' me that I'm somebody.  
There's a river flowin' in my heart.

There's a river flowin' in my mind.  
There's a river flowin' in my mind.  
And it's tellin' me that I'm somebody.  
There's a river flowin' in my mind.

#### Standing Stone

I will be your standing stone  
I will stand by you

#### Who You Are

Who you are is yours to know.  
Who I am is mine.  
As you are is how you're loved:  
fallible, devine;  
fallible, devine.

Truth engenders wholeness;  
self and soul align.  
May you boldly speak your name;  
I will tell you mine.  
I will tell you mine

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Brett Carson, Accompanist / brettcarson@mduuc.org

#### LIVING OUR VALUES

At Mt. Diablo UU Church we strive to bring to life our Unitarian Universalist values as we seek truth and work for justice and bridge the divisions that wound the human family. Please visit our "Living our Values" page to locate virtual and physical ways you can be a part in building a better world. If you have suggestions for items on this page, please email them to livingourvalues@mduuc.org.

Please consider taking 20-30 minutes of your day to review our Living our Values web page to participate in a number of cyberactivist activities that can collectively make a difference in our local and world communities. This week we have a number of Climate Justice and Racial Justice petitions and calls to action that could really use your help!

[LIVE YOUR VALUES HERE](#)